Peninsula/NRH Rehabilitation Network, Salisbury

Eastern Shore
1655 Woodbrooke Drive
Suite 102
Salisbury, MD 21804

Hours of Operation:
Please contact location for hours.

410.546.2702
410.546.8272 (fax)

A joint service of MedStar NRH &
Peninsula Regional Medical Center

Directions:
From Route 50: Take I-97 South from Baltimore or I-495 from Washington, DC towards Annapolis/Bay Bridge. Continue onto US-50 East (John Hanson Highway) just North of Annapolis and cross the Chesapeake Bay Bridge. Continue on Route 50 East towards Ocean City. Merge onto US-50-BR towards Salisbury (Salisbury Parkway). Turn left onto Tighlman Road and turn right onto Woodbrooke Drive.

Further Details:
NRH Rehabilitation Network provides a full complement of services aimed at evaluating and treating individuals with injuries, restoring function and safely returning patients to work, recreation and other quality of life activities. We pride ourselves on providing exceptional customer service that begins with convenient access, a comfortable environment of care and a compassionate team of highly-skilled clinicians and administrative staff. Patients return to our centers for the challenge and satisfaction of working collaboratively with our dedicated staff to achieve their therapy goals. Our Salisbury clinic is located in the Woodbrooke Medical Plaza. We are currently expanding our clinic to serve more patients, we offer extended evening hours for your convenience, and we now offer the latest in treadmill technology, the AlterG! Click on our "AlterG" program page to learn more.

Services:
* AlterG Anti-Gravity Treadmill
* Arthritis Program
* Falls Prevention Program
* Foot and Ankle Services
* Hand and Upper Extremity Program
* Manual Therapy
* Occupational Therapy
* Orthopaedics
* Physical Therapy
* Repetitive Motion Disorder Services
* Stroke Recovery Program
* Sports Medicine Program
* Spine Services
* Temporomandibular Joint Disorder (TMJ)

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Outpatient Services Insurance List
(Updated May 15, 2012)

Note: Many insurance plans not on this list may be approved for various specialty services. To obtain more specific information about your insurance, please call your insurance company for clarification.

Aetna (all products excluding workers compensation & Medicare Advantage PFFS)
BlueChoice HMO/POS/PPO
CareFirst BCBS (Blue Preferred PPO, FEP Standard & Basic PPO, Blue Choice Advantage, Healthy Blue POS, Indemnity)
CareFirst BCBS of Maryland (POS/PPO/Indemnity)
Cigna (EPO/HMO/POS/PPO/Open Access/Indemnity)
Coventry of Delaware (HMO/PPO)
Coventry National (includes Mail Handlers)
First Health PPO
Health Services for Children with Special Needs (HSCSN)
InforMed
Kaiser Permanente (Flexible Choice POS/Medicare Plus/Select/Select-Added Choice/Select – Senior Advantage/Select Signature-Senior Advantage)
Medicare (Part A & B)
Medicaid (Maryland & DC non-managed care)
MedStar Family Choice (DC Healthy Families & DC Alliance)
MedStar Family Choice (Health Choice – MD Medicaid)
MedStar Medicare Choice (DC residents only) MedStar Select
OneNet PPO (formerly Alliance)
Peace Corps
Police and Fire Clinic (PFC)
Private Healthcare Systems (PHCS)
United Healthcare Commercial Plans (Choice HMO/Choice Plus POS/Options PPO (includes Empire PPO, GEHA, Compasse Rose)/Select HMO/Select Plus/Student Resources)
United Healthcare-MAMSI Plans (MDIPA HMO/MDIPA POS/Optimum Choice HMO/Optimum Choice Preferred POS & OCI Direct HMO/MAMSI Life & Health – PPO & Indemnity)
TRICARE/HealthNet (Extra/Prime/Standard)

Most commercial carriers are accepted. Please call one of our locations for assistance with commercial carriers not found on this list.

Workers' Compensation (WC) – MedStar NRH does not participate with most workers' compensation carriers, but will attempt to negotiate single case agreements with any WC carrier.

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